# 计算机学院关于在2013级学生中实施暑期体验式实习的通知

为了增强2013级学生对社会的了解，培养吃苦耐劳精神，进一步端正学习态度，提高学习积极性，根据学校相关文件要求，将在2013级学生中实施为期一个月的暑期体验式实习，现将有关要求通知如下：

1. 实习目的：

目前我院2013级学生都是90后一代，基本上都是独生子女，在优越的生活环境中长大，很多学生受到家人的溺爱，对社会缺乏必要的了解，自我意识强，独立能力差，缺少进取心，学习动力不足。针对这种情况，学校提出在各专业2013级学生中实施为期一个月的暑期体验式实习。

二、实习时间

暑假期间进行不得少于30天。

三、实习安排

1.前期准备

所有2013级学生在6月29日到7月3日期间以班级为单位由班长汇总填写《计算机学院2013级学生体验式实习城市统计表》和《计算机学院2013级学生体验式实习城市联系人统计表》，并于7月4日之前将电子稿交到学院教务秘书处。要求填写实习意向城市，每个班级每个城市确定一个联系人，城市联系人由团委李冉老师审核。在7月5日到7月10日期间学生自主联系实习单位，由各班级的城市联系人将在该市实习同学的具体实习单位及联系人信息汇总交于班级班长，由班长汇总所有信息填写《计算机学院2013级学生体验式实习去向统计表》，并于7月11日之前将电子稿发送到学院教务秘书处（764629322@qq.com），学院将按照填报情况组织教师对学生进行核查。

2.实习期间要求

实习学生要认真填写实习记录表，每天记录实习内容，一周撰写一篇实习心得，实习结束上交实习总结（心得体会）。实习总结要求有实习单位指导老师或者是接收实习生单位的联系人（负责人）填写实习评语，并签字盖章。

3.实习考核

2013级学生暑假体验式实习的考核，充分注重过程考核，重点考虑学生在实习中的具体表现，在评定体验式实习总成绩时先按百分制打分，之后根据总评成绩x值按下面标准换算成优秀、良好、中等、及格和不及格五个等次：

优秀（x≥90）、良好（80≤x<90）、中等（70≤x<80）、及格（60≤x<70）和不及格（x<60）

考核依据：实习平时表现按照周次，每周工作记录满分为10分（共计40分）、实习心得体会满分40分、实习单位鉴定满分20分。

体验式实习学分数为：1学分。

附件：1. 计算机学院2013级学生体验式实习城市统计表

2. 计算机学院2013级学生体验式实习城市联系人统计表

3. 计算机学院2013级学生体验式实习去向统计表

 4. 计算机学院2013级学生体验式实习情况一周记录表

 5. 计算机学院2013级学生体验式实习总结（心得体会）

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| 计算机学院2013级学生体验式实习城市统计表

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| 序号 | 班级 | 学号 | 姓名 | 手机号 | QQ号 | 微信号 | 实习城市 | 备注 |
| 1 | \*\*计\*\* | 12261001 | 某某 | 135\*\*\*\*\*\* |  |  | 某某市 |  |
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| 计算机学院2013级学生体验式实习城市联系人统计表

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| 序号 | 班级 | 学号 | 姓名 | 手机号 | QQ号 | 微信号 | 联系城市 | 备注 |
| 1 | \*\*计\*\* | 12261001 | 某某 | 135\*\*\*\*\*\* |  |  | 某某市 |  |
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| 计算机学院2013级学生体验式实习去向统计表 |
| 序号 | 学号 | 姓名 | 手机号 | 实习单位 | 单位地址 | 单位联系人 | 单位联系电话 | 实习时间 | 实习岗位 |
| 1 | 12261001 | 某某 | 135﹡﹡﹡﹡﹡﹡ | 某某企业或者是政府部门等等 |  | 某某 | **﹡﹡﹡﹡﹡** | 7.10-8.10 | 打字员 |
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| 计算机学院2013级学生体验式实习情况一周记录表 |
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| 实习时间 | — | 工作内容 | 　 | 单位电话 | 　 |
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|  实习单位联系人（负责人）意见 |   |
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|  实习联系人（负责人）签字 |
| 注：要求实习同学每周填写一次体验式实习一周工作记录，要求记录工作相关内容和完成情况，总结一周工作的心得与体会，要求单位的实习联系人（负责人）给出意见并签字。 |
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| **计算机学院2013级学生体验式实习总结（心得体会）** |
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| 姓名 | 　 | 实习单位 | 　 | 实习岗位 | 　 |
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|  学院（盖章） |
|  年 月 日 |
| 注：实习结束后要提交实习总结（心得体会）不少于2500字，要求真实记录工作体会与心得，单位的实习联系人（负责人）给出意见后签字并加盖单位章，本表A4纸正反面打印。 |